



July 2026

**SCIENCE
CENTER FIELD
TRIP IN DES
MOINES
RAINBOW
BUNCH,
SUNSHINE
GANG & SA**

The bus will leave Riverview promptly at 8 am. The children will be back at approximately 3:30pm. All children will need to bring a sack lunch.

**CLOSING
AT 5:00
PM
TUESDAY
JULY
21ST FOR
THE FAIR
PARADE!**

SPECIAL DAYS IN JULY

- 2nd – Red, White and Blue Day
- 3rd – **CLOSED!!!!**
- 6th - Bring a white t-shirt to Tie Dye (Due: 21st)
- 9th - Staff meeting 6-7 & Teacher meeting 7-8
- 10th-Luau
- 14th – SA Briggs Woods minicamp – butterfly/insects
- 16th – Parent committee mtg 5pm
Board meeting @ 5:45 pm
- 20th – Riverview Fair 10:30
- 21st – **CLOSE @ 5 PM FOR PARADE**
Tie-Dye whites for Art Day
- 22nd – Bring a flower / make flowers
- 23rd – Sunshine Gang & SA go to movie theater 12:15-3
Ugly/Unique cake decorating
- 25th – Produce Day – Bring a veggie or fruit / produce craft
- 29th – School Age Science Center Field Trip 8-3:30
SA CHILDREN NEED A SACK LUNCH!
- 30th – Rainbow Bunch & Sunshine Gang Science Center Field Trip 8-3:30 **CHILDREN NEED A SACK LUNCH!**

**CHECK YOUR CHILDS ROOM
CALENDAR FOR SPECIAL DAYS
LIKE WATER DAYS, Library &
POOL**

CLASSROOM WISH LIST

Outside games

**PLEASE REMEMBER TO WALK YOUR
CHILD INTO THEIR CLASSROOM!**

MISSION STATEMENT

Riverview's mission is to provide a quality, affordable program that parents can rely upon throughout the year, and to provide a program that meets the needs of the whole child and provides opportunities for children to develop socially, emotionally, cognitively and physically in a nurturing environment.

NO SCHOOL DAYS

**PLEASE DO NOT BLOCK THE
SIDEWALK!**

When picking up or dropping off your child please do not block the sidewalk coming up to the building!

Changing Jobs???

Please let the office know if you have a new job, phone number or address. This is for emergency purposes.

All children must be walked to their room. This is a requirement of DHS and Riverview and is a safety concern.

DAYCARE BILLS

This is a reminder that payments are due on Wednesday @ 5:30pm. Payments not paid by Friday @ 5:30pm will be charged \$5.00/day until the past due amount is paid in full.



HAPPY BIRTHDAY

Emerlin Hammitt – July 1 – 2 years old
Wrenley Lovelace – July 2 – 1 year old
Charlotte Heaton – July 8 – 4 years old
Haven Halbach – July 14 – 7 years old
Maverick Odor – July 17 – 5 years old
Bentley Claude – July 17 – 5 years old
Zephyr Wardell – July 18 – 5 years old
Walker Cox – July 19 – 5 years old
Tessa Tafolla – July 22 – 4 years old
Diego Allred – July 23 – 3 years old
Emily Arends – July 27 – 7 years old
Ryan Nokes – July 27 – 8 years old

Lorilee Seiser – July 23

Quality Care For Kids Newsletter

June 2025 | Physical Activity for All Ages

Written by Heidi Hotvedt, RN, BSN, Healthy Child Care Iowa Program Coordinator

Children need lots of time to move their bodies! Movement helps children develop their motor skills, which are important to all other areas of development—language, cognition, social, emotional, and adaptive skills. Children should have opportunities to do moderate to intense activities as they are able to, such as running, climbing, dancing, skipping, and jumping.

Each day children should have:

- *Two to three times to actively play outdoors, weather permitting.
- *Two or more structured, teacher/adult-led activities or games that promote movement.
- *Continuous opportunities to develop age-appropriate gross motor and movement skills.
- *Infants should have supervised tummy time every day when they are awake for short periods (3-5 minutes), increasing the amount of time as the infant shows he/she enjoys the activity.

Active supervision is important at all times but when children are outdoors or on field trips it's critical to keep children safe.

Scanning and counting “name to face”: you should be able to see and count children quickly.

Active listening: specific sounds or no noise might mean that children aren't safe or are injured.

Positioning and zoning: carefully plan where you will be positioned to see children in the play area. Stay an arm's length away from young children when near water.

Remember ratios: extra staff are needed for field trips and water activities

Stay engaged: ask questions, encourage exploration, have an adult-led activity and redirect children when needed.