



July 2025

0's - 4's -
SWIMMING STUFF
can be left at
Riverview and we
will wash it after
each use. Due to
most children
leaving swim stuff
here, we will
assume your child's
swim stuff stays
here unless you
request otherwise.

**CLOSING
AT 5:00
PM
TUESDAY
JULY
22ND FOR
THE FAIR
PARADE!**

CLASSROOM WISH LIST

Outside games
Card games

SPECIAL DAYS IN JULY

- 3rd - Red, White and Blue Day
- 4th - **CLOSED!!!!**
- 7th - Bring whites to Tie Dye (Due: 18th)
- 10th - SA program @ the library w/ hot dog meal (10-1)
Staff meeting 6-7 & Teacher meeting 5-6
- 11th - Water Day/Luau
- 15th - SA Briggs Woods field trip - butterfly/insect safari (12-3)
- 17th - Board meeting @ 5:30 pm
- 21st - Riverview Fair 10:30
- 22nd - **CLOSE @ 5 PM FOR PARADE**
Tie-Dye whites for Art Day
4's & SA movie theater 12:15-3
- 23rd - Bring a flower / make flowers
- 24th - Go to the Hamilton County Fair (2's, 3's, 4's & SA)
12:15-3
- 25th - Produce Day - Bring a veggie or fruit / produce craft

**CHECK YOUR CHILDS ROOM
CALENDAR FOR SPECIAL
DAYS LIKE WATER DAYS,
Library & POOL**

**PLEASE REMEMBER TO WALK YOUR
CHILD INTO THEIR CLASSROOM!**

**REMINDER PAYMENTS DUE ON
FRIDAY BY 5:30PM - IF THERE ARE
NO CHILDREN AT 5:30 WE CLOSE THE
BUILDING AT 5:30.**

MISSION STATEMENT

Riverview's mission is to
provide a quality, affordable
program that parents can rely
upon throughout the year, and
to provide a program that meets
the needs of the whole child
and provides opportunities for
children to develop socially,
emotionally, cognitively and
physically in a nurturing
environment.

NO SCHOOL DAYS

**PLEASE DO NOT BLOCK THE
SIDEWALK!**

When picking up or dropping off
your child please do not block
the sidewalk coming up to the
building!

Changing Jobs???

Please let the office know if you
have a new job, phone number
or address. This is for
emergency purposes.

All children must be walked to
their room. This is a
requirement of DHS and
Riverview and is a safety
concern.

DAYCARE BILLS

This is a reminder that payments are
due on Wednesday @ 5:30pm.
Payments not paid by Friday @
5:30pm will be charged \$5.00/day
until the past due amount is paid in
full.



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HAPPY BIRTHDAY

Emerlin Hammitt – July 1 – 1 year old
Charlotte Heaton – July 8 – 3 years old
Jameson Louk – July 8 – 5 years old
Haven Halbach – July 14 – 6 years old
Maverick Odor – July 17 – 4 years old
Walker Cox – July 19 – 4 years old
Tessa Tafolla – July 22 – 3 years old
Emily Arends – July 27 – 6 years old

Addilyn Orton – July 22
Lorilee Seiser – July 23

Quality Care For Kids Newsletter

June 2025 | Physical Activity for All Ages

Written by Heidi Hotvedt, RN, BSN, Healthy Child Care Iowa Program Coordinator

Children need lots of time to move their bodies! Movement helps children develop their motor skills, which are important to all other areas of development—language, cognition, social, emotional, and adaptive skills. Children should have opportunities to do moderate to intense activities as they are able to, such as running, climbing, dancing, skipping, and jumping.

Each day children should have:

- *Two to three times to actively play outdoors, weather permitting.
- *Two or more structured, teacher/adult-led activities or games that promote movement.
- *Continuous opportunities to develop age-appropriate gross motor and movement skills.
- *Infants should have supervised tummy time every day when they are awake for short periods (3-5 minutes), increasing the amount of time as the infant shows he/she enjoys the activity.

Active supervision is important at all times but when children are outdoors or on field trips it's critical to keep children safe.

Scanning and counting “name to face”: you should be able to see and count children quickly.

Active listening: specific sounds or no noise might mean that children aren't safe or are injured.

Positioning and zoning: carefully plan where you will be positioned to see children in the play area. Stay an arm's length away from young children when near water.

Remember ratios: extra staff are needed for field trips and water activities

Stay engaged: ask questions, encourage exploration, have an adult-led activity and redirect children when needed.