## RIVERVIEW EARLY CHILDHOOD CENTER MENU FOR SUBJECT TO CHANGE

JULY  $31^{ST}$ -AUG.  $4^{TH}$ , 2023

| Week          | MONDAY<br>31  | TUESDAY<br>1   | WEDNESDAY<br>2   | THURSDAY<br>3   | FRIDAY<br>4  |
|---------------|---|--|--|---|--|
| Breakfast     | WHOLE GRAIN<br>OATMEAL<br>ORANGE JUICE<br>MILK              | HONEY OATS<br>BERRY JUICE<br>MILK  | WHOLE GRAIN<br>WHEAT TOAST<br>PINEAPPLE<br>MILK                | KIX<br>APPLE JUICE<br>MILK                            | OAT CRUNCH<br>MIXED FRUIT<br>MILK                                  |
| A.M.<br>Snack | RITZ CRACKERS<br>SLICED CHEESE<br>WATER                     | PUPPY CHOW<br>CHEX<br>MILK   | FRENCH FRIES<br>MILK   | WHOLE GRAIN<br>FRENCH TOAST<br>STICKS<br>MILK         | WHOLE GRAIN<br>SUN CHIPS<br>MILK                                   |
| LUNCH         | PORK N BEANS<br>W/HOTDOGS<br>WHITE BREAD<br>PEACHES<br>MILK | BOLOGNA<br>SAND<br>WHITE BREAD<br>CARROTS<br>RANCH CUP<br>BANANA<br>MILK | GREENBEAN<br>CASS W/HAM<br>MAND ORANGES<br>WHITE BREAD<br>MILK | CHICKEN SALAD<br>CORN<br>WHITE BREAD<br>PEARS<br>MILK | LASAGNA W/ HAMBURGER TOMATO SAUCE W/TOMATOS NOODLES PINEAPPLE MILK |
| P.M.<br>SNACK | RANCH PRETZELS<br>MILK                                      | WHOLE GRAIN<br>WOVEN<br>WHEAT<br>CRACKERS<br>MILK                        | JELLO W/MIXED<br>FRUIT<br>MILK                                 | CORN BREAD<br>MILK                                    | FRUIT SOUP<br>MILK   |

### RIVERVIEW EARLY CHILDHOOD CENTER MENU FOR

### SUBJECT TO CHANGE AUGUST 7<sup>TH</sup>-11TH 2023

| WEEK          | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---------------|--|---|---|---|--|
|               | 7  | 8   | 9   | 10  | 11   |
| Breakfast     | KIX<br>ORANGE JUICE<br>MILK  | WHOLE GRAIN<br>WHEAT BREAD<br>PINEAPPLE<br>MILK | RICE KRISPIES<br>POMEAGRANTE<br>BERRY JUICE<br>MILK | WHOLE GRAIN<br>WHEAT BREAD<br>MAND ORANGES<br>MILK                      | CORN FLAKES<br>BERRY JUICE<br>MILK                                       |
| A.M.<br>Snack | CHEESE ITZ<br>MILK   | EGG PATTY<br>MILK                               | WHOLE GRAIN<br>CHEESE TORTILIA<br>MILK              | SANDWICH<br>CRACKERS<br>MILK  | WHOLE<br>GRAIN<br>WHEAT THINS<br>MILK                                    |
| LUNCH         | WHOLE GRAIN<br>MR RIBB<br>WHITE BUN<br>CARROTS<br>APPLESAUCE<br>MILK | BRING A SACK<br>LUNCH                           | CHICKEN AND RICE CASS MIXED VEG PEARS MILK          | TATER TOT CASS<br>HAMBURGER<br>MIXED VEG<br>WHITE BREAD<br>MAND ORANGES | HAMBURGER<br>SLOPPY JOES<br>WHITE BUN<br>PINEAPPLE<br>GREENBEANS<br>MILK |
| P.M.<br>SNACK | RAMEN<br>NOODLES<br>MILK   | CHICKEN<br>BISKIT<br>CRACKERS<br>MILK           | SEASONED<br>OYSTER<br>CRACKERS<br>MILK              | PRETZELS<br>MILK  | SPICY<br>CEREAL MIX<br>MILK  |

### RIVERVIEW EARLY CHILDHOOD CENTER MENU

### SUBJECT TO CHANGE AUGUST 14<sup>TH</sup>-18<sup>TH</sup> 2023

| WEEK          | MONDAY<br>14                                      | TUESDAY<br>15  | WEDNESDAY<br>16  | THURSDAY<br>17                               | FRIDAY<br>18  |
|---------------|---|--|--|--|---|
| Breakfast     | WHOLE GRAIN<br>OATMEAL<br>ORANGE<br>JUICE<br>MILK | CHEERIOS<br>ORANGE JUICE<br>MILK                                 | FROSTED MINI<br>WHEATS<br>ORANGE/<br>PINEAPPLE JUICE<br>MILK | WHEAT TOAST<br>BUTTER<br>APPLE SAUCE<br>MILK | HONEY OATS<br>APPLE JUICE<br>MILK                               |
| AM<br>SNACKS  | RASINS<br>MILK                                    | WHOLE GRAIN<br>TORTILIA<br>SHELL<br>JELLY<br>MILK                | WOVEN WHEAT<br>CRACKERS<br>MILK                              | GRAHAM<br>CRACKERS<br>FROSTING<br>MILK       | CHEX PUPPY<br>CHOW<br>MILK                                      |
| LUNCH         | MINI<br>CORNDOGS<br>CARROTS<br>APPLESAUCE<br>MILK | GOULASH HAMBURGER TOMATO SAUCE W/DICED TOMATOS MAND ORANGES MLIK | PORK AND BEANS W/HOTDOGS WHITE BREAD PINEAPPLE MILK          | BBQ CHICKEN PEAS PEACHES WHITE BREAD MILK    | GREENBEANS<br>W/HAM CASS.<br>WHITE BREAD<br>MIXED FRUIT<br>MILK |
| P.M.<br>SNACK | SPINACH DIP<br>SALTINES<br>MILK                   | CHEERIO BARS<br>MILK   | C/S<br>PRETZELS<br>MILK                                      | CHEESE ITS<br>MILK                           | WHOLE GRAIN<br>WHEAT THINS<br>MILK                              |

### RIVERVIEW EARLY CHILDHOOD CENTER MENU

### **AUGUST 21-25TH 2023**

SUBJECT TO CHANGE

| WEEK          | MONDAY<br>21   | TUESDAY<br>22   | WEDNESDAY<br>23                               | THURSDAY<br>24                                      | FRIDAY<br>25   |
|---------------|--|---|---|---|--|
| Breakfast     | CHEERIOS<br>APPLE JUICE<br>MILK  | MIXED CEREAL<br>ORANGE JUICE<br>MILK                        | WHOLE GRAIN<br>WHEAT BREAD<br>PEACHES<br>MILK | OAT CRUNCH<br>BERRY JUICE<br>MILK                   | WHOLE GRAIN<br>WHEAT BREAD<br>MAND ORANGES<br>MILK     |
| AM<br>SNACKS  | TEDDY<br>GRAHAMS<br>MILK   | WHOLE GRAIN<br>WHEAT THINS<br>MILK                          | RAMEN<br>MILK                                 | WHOLE GRAIN<br>WHEAT TORTILIA<br>W/JELLY<br>MILK    | CHICKEN BISKIT<br>CRACKERS<br>MILK                     |
| LUNCH         | WHOLE GRAIN<br>CHICKEN<br>PATTY<br>WHITE BUN<br>PEACHES<br>GREEN BEANS<br>MILK | LASAGNA W/HAMBURGER TOMATO SAUCE W/TOMATOES APPLESAUCE MILK | BEEF STEW MIXED VEG PEARS WHITE BREAD MILK    | DICED HAM W/POTATOS CASS PINEAPPLE WHITE BREAD MILK | CHICKEN<br>NOODLES<br>MIXED VEG<br>MIXED FRUIT<br>MILK |
| P.M.<br>SNACK | COTTAGE<br>CHEESE<br>MIXED FRUIT<br>WATER                                      | SPICY CEREAL<br>MIX<br>MILK                                 | FRENCH FRIES<br>MILK                          | EGG PATTY<br>MILK                                   | CHEESE IT<br>MILK                                      |

# RIVERVIEW EARLY CHILDHOOD CENTER MENU FOR AUGUST 28<sup>TH</sup>-SEPT.1<sup>ST</sup> 2023 SUBJECT TO CHANGE

|            | MONDAY      | TUESDAY      | WEDNESDAY     | THURSDAY        | FRIDAY      |
|------------|-------------|--------------|---------------|-----------------|-------------|
| WEEK       | 17          | 18           | 19            | 20              | 21          |
| Breakfast  | WHOLE GRAIN | KIX          | WHOLE GRAIN   | CORNFLAKES      | WHOLE GRAIN |
|            | TOAST       | ORANGE JUICE | OATMEAL       | GRAPE JUICE     | WHEAT BREAD |
|            | W/JELLY     | MILK         | PINEAPPLE     | MILK            | PEARS       |
|            | MIXED FRUIT |              | MILK          |                 | MILK        |
|            | MILK        |              |               |                 |             |
|            | COTTAGE     | CHIPS        | SPINACH DIP   | CEREAL MIX      | SANDWHICH   |
| A.M. Snack | CHEESE      | SALSA        | RITZ CRACKERS | MILK            | CRACKERS    |
|            | MIXED FRUIT | MILK         | MILK          |                 | MILK        |
|            | WATER       |              |               |                 |             |
|            |             |              |               |                 |             |
|            | MR RIBB     | WHOLE GRAIN  | MAC/CHEESE    | MEAT LOAF       | GRILLED     |
|            | CARROTS     | CHICKEN      | W/HOTDOGS     | HAMBURGER       | CHEESE      |
| LUNCH      | PEARS       | CRISPITO     | MIXED VEG     | GREEN BEANS     | WHITE BREAD |
|            | WHITE BREAD | TORTILLA     | PEACHES       | MIXED FRUIT     | TOMATO SOUP |
|            | MLIK        | SHELL        | MILK          | WHITE BREAD     | W/TOMATO    |
|            |             | CORN         |               | MILK            | PEACHES     |
|            |             | PINEAPPLE    |               |                 | MILK        |
|            |             | MLIK         |               |                 |             |
| P.M. SNACK | RASINS      | MOZZ CHEESE  | FRENCH TOAST  | 100% WHOLE      | SEASONED    |
|            | MILK        | BREAD STICKS | STICKS        | GRAIN SUN CHIPS | OYSTER      |
|            |             | MILK         | MILK          | MILK            | CRACKERS    |
|            |             |              |               |                 | MILK        |
|            |             |              |               |                 |             |