



# Bright Beginners

Riverview Early Childhood Center



## Skills

### Birth to 6 Months

#### Social Skills

- be starting to smile
- imitate facial expressions
- mimic sounds
- babble, coo, gurgle

#### Emotional Development

- begin to self soothe after crying
- be able to express various emotions ie: anger, sadness, happiness
- be developing a sense of love and trust with caregiver(s)

#### Fine Motor Skills

- puts toys in their mouth
- reach for objects
- hold toys
- bat at toys/mobiles
- bang toys together
- throw toys

#### Gross Motor Skills

- lift head
- kick their legs
- rollover

- sit with support
- begin to crawl
- likes to bounce with support

#### Sensory Skills

- like to examine and feel different textures/toys
- look for dropped toy
- love to hear music, listen to voices and different sounds
- like to look at faces, pictures and bright colors
- enjoy being cuddled, stroked, and massaged

### 6 Months to One Year

#### Social Skills

- learning to finger feed
- drink from a cup
- imitate others actions
- say "mama" "dada"
- indicate needs using gestures
- understand simple commands
- play alongside another child

#### Emotional Development

- be very curious about their environment
- start to have mood swings and temper tantrums

- object when cannot have their own way
- loving but tend to be self-centered in their view of the world
- show separation anxiety when caregiver leaves

#### Fine Motor Skills

- grasp objects with thumb and forefinger
- hold two objects at the same time
- drop and pick up objects
- can push, pull, and throw objects

#### Gross Motor Skills

- sit unassisted
- pull to standing position
- walk holding onto furniture
- move from lying to sitting position
- crawls well